Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Sunday 06 Mar 2022 until 23:59 on Monday 07 Mar 2022

Forecast Issued on Sunday 06 Mar 2022 at 03:07 by Met Office Aberdeen

Confidence: High for a fine sunny day on Sunday, a mainly dry start to the week with a trend to more cloud and wind, lower for timing of any more unsettled wetter conditions mid to late week.

Headline for Sunday 06 Mar 2022: Dry and sunny. Snow glare.

Mountain weather hazards on Sunday 06 Mar 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Clear night	Sunny	Sunny	Sunny intervals	Sunny intervals	Clear night
Precipitation probability					
00%	00%	00%	00%	00%	00%

Forecast for Sunday 06 Mar 2022

Weather: Bright or sunny on Sunday. Small chance of shallow mist or fog patches at first in the glens, and very patchy fair weather cloud.

Chance of cloud-free hill tops above 800m: More than 95%.

Low Cloud and visibility: Other than the chance of early fog patches in the glens visibility will be excellent and low cloud is not expected.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Sunday 06 Mar 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	10/12 S	13/16 S	13/17 SW	14/18 SW	17/22 S	19/24 S	20/26 S
900	12/15 S	11/15 S	11/15 S	12/17 S	14/19 S	15/19 S	15/21 S
600	6/8 E	11/13 SW	11/15 SW	13/17 SW	13/17 S	13/17 S	15/19 S
300	4/5 S	6/7 S	8/11 SW	9/13 SW	8/13 S	8/12 S	11/16 S
Glen	2/3 SE	3/7 S	8/14 SW	8/14 SW	6/13 S	6/12 SW	6/12 SW

Height (m)	Temperature / Feels Like (°C)						
1300	-2/-7	-3/-9	-3/-10	-3/-9	-3/-10	-3/-9	-4/-11
900	-5/-11	-2/-8	-0/-5	0/-5	-3/-9	-4/-10	-3/-9
600	2/-0	1/-3	2/-2	3/-2	2/-2	2/-2	1/-4
300	3/2	3/1	5/2	5/2	4/1	3/0	2/-2
Glen	-0/-2	4/2	7/4	7/5	5/3	3/1	3/0
Freezing Level*	400m	400m	500m	600m	600m	500m	500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Despite strong sunshine, summit temperatures will remain below freezing with a breeze bringing significant chill. Strong sun glare off lying snow.

Forecast for Monday 07 Mar 2022
Weather: Dry and bright. A bit more cloud than Sunday especially over the island ranges but still some sunny spells.

Maximum wind: A stronger breeze, south to southeasterly 25 gusts 35mph.

Chance of cloud-free hill tops above 800m: 90% or more

Low Cloud and visibility: Good visibility and little low cloud – perhaps some patches over the Arrochar Alps at first.

Temperature: **Glens:** Minus 3 Celsius rising to Plus 7 Celsius
At 800m: 0 Celsius
Freezing level: 750m

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